



SCOTTSDALE
HEALTHCARESM

Public Relations & Marketing
7400 E. Osborn Road
Scottsdale, AZ 85251-6403
Tel (480) 882-4910 Fax (480) 882-4992

NEWS

CONTACT: Jo-an Holstein, 480-882-4543; jholstein@shc.org

Seasonal flu & pneumonia shot clinics offered by Scottsdale Healthcare *Four locations accepting patients on walk-in basis through December*

SCOTTSDALE, Ariz. (Sept. 17, 2009) – Seasonal flu and pneumonia shots for adults are now available from Scottsdale Healthcare.

Clinic hours are Monday – Friday from 8 a.m. -4:30 p.m. through December, except holidays.

Vaccinations are given on a walk-in basis. Flu shots are \$25 and pneumonia shots are \$45. Medicare is accepted, and the Medicare card is required. Cash or checks also are accepted.

Scottsdale Healthcare flu and pneumonia vaccination clinic locations

Medical Plaza IV (on the Scottsdale Healthcare Shea Medical Center campus)
10200 N. 92nd St., Ste. 100, Scottsdale
480-323-3818

Scottsdale Medical Center (NE corner Scottsdale Rd. & Osborn Rd.)
3501 N. Scottsdale Rd., Ste. 231, Scottsdale
480-882-4770

SHC Corporate Health
9201 E. Mountain View Rd., Ste. 120, Scottsdale
480-323-4680

SHC Scottsdale Airpark Clinic
16101 N. 82nd St., Ste. A8, Scottsdale
480-323-1880

The U.S. Centers for Disease Control (CDC) recommends the following should get seasonal flu shots:

- Children aged 6 months up to their 19th birthday.
- Pregnant women.
- Adults age 50 and older.
- Those with certain chronic medical conditions.
- Residents of nursing homes and other long-term care facilities.
- Those who live with or care for those at high risk for complications from flu, including:
 - healthcare workers
 - household contacts of persons at high risk for complications from the flu
 - household contacts and out-of-home caregivers of children less than 6 months of age (These children are too young to be vaccinated.)

According to the CDC, you should get a pneumonia shot if you:

- Are age 65 or older.
 - Have serious long-term health problems such as heart disease, sickle cell disease, alcoholism, lung disease, diabetes or liver cirrhosis.
 - Have lowered resistance to infection due to certain health issues.
 - Are an Alaskan Native or from certain Native American populations.
- Questions? Call 480-323-4685.

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